

Reentry Resource Guide for Montgomery County



2024





PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. Our Journey always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU**! OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

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Resource Guide - Montgomery County

The service providers listed below are for Montgomery County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category "One-Stop Resource Centers" offer assistance in all or nearly all other categories. Our Journey does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted by a check mark beside the listing.

Our Journey has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Montgomery County not listed. Please call 252-220-9516 or email contact@ourjourney2gether.com to report any discrepancies or to suggest other service providers in Montgomery County.

NOTE: Montgomery County is limited in reentry support resources, which is why some of the resource providers listed in this guide are from neighboring counties. Your parole officer will most likely allow you to travel outside of Montgomery County for reentry assistance. However, you should always contact your parole officer before leaving Montgomery County for any reason, even to visit the reentry resource providers listed in this guide. Failure to obtain permission from your parole officer to travel outside of Montgomery County may result in a violation of the conditions of your post-release.

One-Stop Resource Centers

United Way of Stanly County

427 N 1st St. Albemarle, NC 28001

704-982-6916

https://www.unitedwaystanly.org

Monday through Friday: 9:00 AM to 5:00 PM

Provides support to dozens of member agency programs in Stanly and Montgomery counties. In addition to calling the number provided for the Stanly office, you can get assistance by calling the United Way hotline by dialing 211. This United Way is located in a YMCA building. If you have been convicted of a sex offense, you should consult with your parole officer to make sure you can be on this property.

Always check with your Parole Officer before leaving Montgomery County.

Assistance is free; some services provided by partner organizations may charge fees

One-Stop Resource Centers

Sandhills Community Action **Program**

102 E. Spring St. Troy, NC 27371

910-606-4044

https://www.sandhillscap.org

Call Tuesdays and Thursdays between 8:30 AM and 5:00 PM or Wednesdays between 1:00 and 5:00 PM to set up an appointment

Offers a program called S.T.A.R.S. The objective is to assist low-income, unemployed or under-employed individuals achieve financial stability thus enabling them to become Selfsufficient. The basic purpose is to stimulate a better focus of all available local, state, private, and federal resources toward the goal of enabling low income families and individuals to attain the skills, knowledge, and motivations to secure the opportunities needed to become fully Self-sufficient.

Free to those who qualify

North Carolina ePASS

https://epass.nc.gov/

North Carolina ePASS is a new online way to apply for Benefits and services as a resident of the state. It is made available by the NC Department of Health and Human Services. You can apply for Food & Nutrition Services, apply for Energy Assistance, register to vote (if eligible) and apply for other state services. You will need to set up an account first and you must have an active email account. You will also need a photo ID and your birth certificate to set up an account.

Setting up an account is free. To qualify for benefits, you must meet certain guidelines.

One-Stop Resource Centers



Go Further Connect

https://gofurtherconnect.com/

Introducing a new way to get connected

Do you need a **resource**?
Do you need a **job**?
Do you need **inspiration**?
Do you need to **connect**?



Visit www.GoFurtherConnect.com to start connecting now

Go Further Connect is an online resource for connecting returning citizens with programming, services, and community support that meet the individual's needs. You can search for help by zip code and also access some of the other great resources they have available for free, such as a tool for finding a jo.

Free

Food Resources

Salvation Army of Cabarrus & Stanly Counties

118 Health Street Albemarle, NC 28001

704-550-5960

https:// southernusa.salvationarmy.org/ cabarrus-stanly/

Monday through Friday: 8:00 AM to

4:30 PM

Sunday: 9:00 AM to 12:30 PM

Provides food to those in need, along with other services. Bring your prison ID with you to receive service.

Also provides assistance with emergency shelter and clothing.

Always check with your Parole Officer before leaving Montgomery County.

Free

Food Resources

Stanly Community Christian Ministry - Food Pantries

506 S. 1st St. Albemarle, NC 28001

Hours of Operation: Monday: 1:30 to 3:00 PM Tuesday through Thursday: 9:00 AM

to 3:00 PM

Friday: 9:00 to 11:30 AM

247 W. Turner Court Norwood, NC 28128

Hours of Operation: Monday: 2:00 to 6:00 PM

1324 E. Main St. Albemarle, Nc 28001

Hours of Operation:

Thursday: 3:30 to 6:00 PM

704-982-7915

https://www.sccminc.org

Provides food pantry items to those in need. Clients may received grocery support once every 30 days. Appointments are required to receive food assistance.

Always check with your Parole Officer before leaving Montgomery County.

Free

Mount Gilead Food Pantry

101 W. Ingram St. Mount Gilead, NC 27306

910-400-1462 (leave a message and someone will call you back)

https://www.mgfpinc.com/

Saturdays from 8:00 AM to 9:30 AM

Provides food to those in need in Montgomery County. To qualify you must have a Mount Gilead address or the MGFP must be the closest food pantry to your address. You also must have a total household income less than a certain amount.

Bring proof of address with you and they will also ask you for your phone number.

Free to those who qualify

Medical / Dental / Mental Health Resources

Montgomery County Health Department

217 S. Main St. Troy, NC 27371

910-572-1393

https:// www.montgomerycountync.com/ departments/health-department

Monday through Thursday: 8:00 AM

to 6:00 PM

Friday: 8:00 AM to Noon

Offers assistance with a variety of Free basic health needs, including disease prevention and others. Also offers free HIV and other STD testing and free COVID testing and vaccinations. Will also help with referrals to other health care providers in Stanly County.

FirstHealth Primary Care - Troy

522 Allen St., Suite 101 Troy, NC 27371

910-571-5170

https://www.firsthealth.org/

Monday through Thursday: 8:00 AM

to 5:00 PM

Friday: 8:00 AM to Noon

As your primary care physician, FirstHealth can provide the following:

- · Preventive care, including physicals, routine health screenings and immunizations
- · Diagnosis and treatment of conditions
- · Help manage medications
- · Refer to specialty care clinics when needed
- · Coordination of care across the FirstHealth system

FirstHealth's Financial Assistance Program ensures that all eligible individuals can receive medically necessary care at FirstHealth, regardless of their ability to pay. Their financial counselors will work with you to help determine your eligibility.

FirstHealth Primary Care -**Biscoe**

104 Professional Dr. Biscoe, NC 27209

910-428-1544

https://www.firsthealth.org/

Monday through Thursday: 8:00 AM to 6:00 PM

As your primary care physician, FirstHealth can provide the followina:

- · Preventive care, including physicals, routine health screenings and immunizations
- · Diagnosis and treatment of conditions
- · Help manage medications
- · Refer to specialty care clinics when needed
- · Coordination of care across the FirstHealth system

FirstHealth's Financial Assistance Program ensures that all eligible individuals can receive medically necessary care at FirstHealth, regardless of their ability to pay. Their financial counselors will work with you to help determine your eligibility.

Medical / Dental / Mental Health Resources



NC MedAssist

4428 Taggart Creek Rd., Suite #101 Charlotte, NC 28208

866-331-1348

medassist.org

OTC Pharmacy Hours: Monday through Friday: 8:00 AM to 4:30 PM NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease. diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a free OTC store in the Charlotte area, no ID required.

Free for those who qualify and aren't insured

OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us 252-220-1956 to learn more.



Parks Insurance

153 S. Oakland Ave. Rock Hill SC 29730

866-932-7200

https://parksinsured.com/

Monday through Friday: 8:00 AM to 7:00 PM

Parks Insurance is licensed in all 50 states to offer healthcare insurance to individuals returning from prison. Through a special program called G.I.F.T. (Giving Insurance Freely for Transition), you are eligible to receive healthcare insurance with ZERO monthly payments and little, if any, deductibles. This plan covers doctor visits, medication, behavioral health, surgery, hospital stays and more. Everyone qualifies, even those with preexisting conditions.

Free

OurJourney can help you enroll in Parks Insurance's G.I.F.T. program! Call us 252-220-1956 to learn more or call Parks Insurance and speak to a representative.

Mental Health & Substance Abuse Resources



Daymark Recovery Services

227 North Main St. Troy, NC 27371

910-572-3681 866-275-9552 (24 Hr. Crisis Hotline)

https://www.daymarkrecovery.org/locations/montgomery-center

Monday through Friday: 8:00 AM to 5:00 PM

Daymark Recovery Services is a non-profit organization established to provide comprehensive behavioral healthcare services to those in need of mental health or substance abuse treatment options. Please contact the center for schedules or further information as programs and meetings vary and often change depending upon attendance and counselor availability.

Fee based on a sliding scale (what you can afford).



Mental Health America

800-969-6642

https://www.mhanational.org/

https://screening.mhanational.org/screening-tools/

Provides free mental health screening, which is the quickest and easiest way to determine whether you are experiencing symptoms of a mental health condition.

To take the free and confidential mental health screening, visit their website or scan the QR code to the right with your smartphone.



mhascreening.org

Hope 4 NC

1-855-587-3463

www.ncdhhs.gov/divisions/mentalhealth-developmental-disabilitiesand-substance-abuse/hope4nc Offers free and confidential emotional support, counseling referrals and community resources for those in crisis. Available 24 hours a day, seven days a week.

A real person will always answer.

Assistance is free; some services provided by partner organizations may charge fees

Job Training / Job Placement Resources



NCWorks Career Center

1011 Page St. Troy, NC 27371

910-898-9669

https://www.ncworks.gov/

Monday through Thursday: 8:30 AM

to 5:00 PM

Friday: 8:30 AM to 3:00 PM

Offers support for everything from creating a resume and finding the right job opportunities to preparing clients for job interviews. Website has links for Finding a Job.

Free

Vocational Rehabilitation

702 Henson St., Albemarle, NC 28001

704-982-8124

www.ncdhhs.gov/divisions/ vocational-rehabilitation-services

Monday through Friday: 8:00 AM to 5:00 PM

Provides a variety of services, depending on your specific needs. They are customized to help you find a job and offer career counseling, education and training, job placement assistance and on-going support, medical treatments and assistive technology. Works specifically with those who have physical, mental or emotional disabilities.

Always check with your Parole

Always check with your Parole Officer before leaving Montgomery County.

Express Employment Professionals

131-F Dublin Square Rd. Asheboro, NC 27203

336-626-7511

https://www.expresspros.com/asheboronc

Monday through Friday: 8:00 AM to 5:00 PM

Temporary agency offering job placement in local businesses for clients who can pass a drug test and have reliable transportation. They do conduct a background check, and some business they work with will not hire ex-felons, but others will.

Must have ID (prison ID is accepted)

Always check with your Parole Officer before leaving Montgomery County.

Free

Financial Resources



Operation HOPE

704-680-3163

https://operationhope.org

Monday through Friday: 8:00 AM to 5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business. They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations. This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration. Call Alisha Kenny at the number provided to set up an initial

Free

Transportation Resources

Regional Coordinated Area Transportation System (RCATS)

Office: 122 Bruton St. Troy, NC 27371

910-527-3430

http://www.senioradults.org/ Transportation.html

Monday through Friday: 6:00 AM to 6:00 PM (closed on all major

holidays)

RCATS provides public van transportation service to all Montgomery County residents on an advance reservation basis. They will pick you up and drive you to your destination. Transportation is free for seniors age 60 and over. Call to arrange a trip at least three days before you need a ride.

appointment.

Fares for inside the city of Troy are \$2.00 each way.
Fares for everywhere else in Montgomery County are \$3.00 each way.
Fares for going to Randolph County are \$5.00 each way.

Clothing Resources

Sister's Attic

446 Albemarle Rd. Troy, NC 27371

910-576-0046

Find them on Facebook at SISTER'S ATTIC

Tuesday through Friday: 10:00 AM to

5:00 PM

Saturday: 10:00 AM to 3:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find namebrand clothes in good to great condition. Also offers a consignment shop. Prices are similar to what you will pay at Goodwill Industries

Goodwill Industries - Randolph County

1064 East Dixie Dr. Asheboro, NC 27203 336-610-0406

11316 North Main St. Archdale, NC 27263 336-431-6021

101 Pointe South Dr. Randleman, NC 27317 336-495-5020

https://www.triadgoodwill.org/shop/

Monday through Saturday: 10:00 AM

to 8:00 PM

Sunday: 1:00 PM to 6:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find namebrand clothes in good to great condition.

Always check with your Parole Officer before leaving Montgomery County.

Men's pants are as low as \$4.50 each, shirts as low as \$2.99 each. Other items are priced low also.

Clothing Resources

Live To Give Ministries Thrift Store

1530 E. Dixie Dr. Asheboro, NC 27203

336-521-9500

Find them on Facebook at Live To Give Ministries

Monday through Friday: 10:00 AM to

5:00 PM

Saturday: 10:00 AM to 3:00 PM

Offers previously-owned clothing, furniture and other items at extremely low prices. You can often find name-brand clothes in good to great condition.
All proceeds support the Liberty Food Pantry and Assistance Office.

Bring this Reentry Resource Guide with you when you visit and show it to the clerk.

Always check with your Parole Officer before leaving Montgomery County.

Prices vary depending on item

Directory for Montgomery County Agencies:

Montgomery County 108 E Main., Suite 101 910-572-1985

Probation Department Troy, NC 27371

Montgomery County DMV 168 Glen Rd. 910-572-2001

Troy, NC 27371

Montgomery County Dpt. 102 E Spring St. 910-576-6531

of Social Services Troy, NC 27371

Directory for State and Federal Government Programs that Offer Temporary Assistance:

SNAP (Supplemental Nutrition Assistance Program): www.fns.usda.gov/snap/supplemental-nutrition-assistance-program

LIEAP (Low Income Energy Assistance): <u>www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap</u>

TANF (Temporary Assistance for Needy Families): www.ncdhhs.gov/divisions/social-services/work-first-family-assistance

Other Organizations that Offer Assistance:

The National Reentry Network for Returning Citizens is a national network comprised of individuals returning from incarceration who support each other's successful reintegration. To learn more, visit their website at https://thenationalreentrynetwork.org/.

National Suicide Prevention Hotline: Dial 988 or online at www.988lifeline.org.

Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): www.felonyrecordhub.com

Honest Jobs is the nation's leading job marketplace for people affected by the criminal justice system. Honest Jobs has over 300,000 job openings from 1,000+ fair-chance employers: www.honestjobs.com

Veterans Resources in Montgomery County (for all military veterans): 910-576-4711 or online at https://www.montgomerycountync.com/departments/veteran-services

NC211.org (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

Other Assistance Available through OurJourney: Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney Essential Services program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, smartphone training, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call 704-220-9516 or visit www.ourjourney2gether.com/essential-services.



OurJourney PO Box 2862 Rocky Mount, NC 27802