



Reentry Resource Guide for Rowan County



2024



PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Finally, remember that your success ultimately depends on **YOU!** OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

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Resource Guide - Rowan County

The service providers listed below are for Rowan County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category “One-Stop Resource Centers” offer assistance in all or nearly all other categories. OurJourney does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted on the Our Partners page of our website.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Rowan County not listed. Please call (888) 50-REENTRY or email contact@ourjourney2gether.com to report any discrepancies or to suggest other service providers in Rowan County.

One-Stop Resource Centers

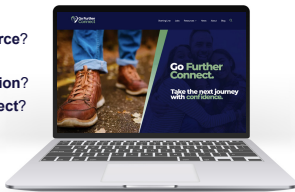


Go Further Connect

<https://gofurtherconnect.com/>

Introducing a new way to get connected

Do you need a resource?
Do you need a job?
Do you need inspiration?
Do you need to connect?



Visit www.GoFurtherConnect.com to start connecting now

Go Further Connect is an online Free resource for connecting returning citizens with programming, services, and community support that meet the individual’s needs. You can search for help by zip code and also access some of the other great resources they have available for free, such as a tool for finding a job.

One-Stop Resource Centers



Recidivism Reduction Call Center

<https://rreps.net/recidivism-reduction-hotline>

888-852-0004

The Recidivism Reduction Call Center allows people recently released from prison in North Carolina to connect with a RREPS operator to request information about, and set up warm referrals to, employment, housing, healthcare, and public benefits services.

Assistance is free; some services provided by partner organizations may charge fees

North Carolina ePASS

<https://epass.nc.gov/>

North Carolina ePASS is a new online way to apply for Benefits and services as a resident of the state. It is made available by the NC Department of Health and Human Services.

You can apply for Food & Nutrition Services, apply for Energy Assistance, register to vote (if eligible) and apply for other state services.

You will need to set up an account first and you must have an active email account. You will also need a photo ID and your birth certificate to set up an account.

Setting up an account is free. To qualify for benefits, you must meet certain guidelines.

Piedmont Triage Regional Council - Project Reentry

1923 S. Main St.
Salisbury, NC 28144

704-638-6433
336-407-2614 - Trina Whitley

www.ptrc.org/services/criminal-justice/project-re-entry

Monday through Friday: 9:00 AM to 5:00 PM

Provides individual case management/transition planning, deinstitutionalization counseling, employment and vocational training, mental health and substance abuse treatment referrals, housing referrals, basic needs and transportation assistance, family reunification support.

Ask for Trina Whitley. Call to schedule appointment. Partners with the Goodwill Career Center program.

Assistance is free; some services provided by partner organizations may charge fees

One-Stop Resource Centers

United Way of Rowan County

131 W Innes St, Suite 201
Salisbury, NC 28144

704-633-1802

www.rowanunitedway.org

Monday through Friday: 9:00 AM to
5:00 PM

Provides support to dozens of member agency programs in Rowan County. In addition to calling the number provided for the Rowan office, you can get assistance by calling the United Way hotline by dialing 211.

Assistance is free; some services provided by partner organizations may charge fees

Rowan Helping Ministries

226 N Long St.
Salisbury, NC 28144

704-637-6838 (Option 1)

rowanhelpingministries.org

Monday through Friday: 9:00 AM to
3:30 PM

Provides assistance to clients with emergency needs such as food, utilities, medications, housing, and clothing. Volunteers work with staff to interview clients, assess their needs and eligibility, and determine available resources.

Call to set up an appointment. Address and Hours of Operation are for the main crisis center; visit their website for the addresses and hours of operation for their food and clothing assistance locations.

Assistance is free; some services provided by partner organizations may charge fees



Rise4Me

<https://www.rise4me.com/>

Rise4Me is a free, online tool that offers a directory of reentry resources made available in an easily accessible format. RISE stands for Resources for Improvement, Support and Empowerment for Returning Citizens. If nothing is listed for your specific county you can use Rise4Me to search surrounding counties. **Always ask Parole Officer before leaving Rowan County.**

Free

Food Resources

Main Street Marketplace and Meeting Place

306 S. Main St.
China Grove NC 28023

704-859-1898

www.marketandmeeting.org

Tuesday through Friday: 10:00 AM to 4:00 PM

Saturday: 10:00 AM to 1:00 PM

Provides groceries on a sliding scale to allow everyone in the community access to healthy and local food.

Also offers one-time \$30 food gift card for the store to those in need who live in Rowan County.

They also offer what they call The Hub, a resource center with printers, computers and people to help for those who don't have a computer. Call 704-855-2909 for more information about The Hub. They also offer a 15-week class called "Getting Ahead" for those returning from prison (the class costs \$300).

Fees are on a sliding scale, meaning you pay for what you can afford.

Grateful Heart Community Services

706 Dunns Mountain Rd.
Salisbury, NC 28146

704-209-2257

<https://www.facebook.com/people/Grateful-Heart-Community-Services/100064379361923/>

Helps those with emergency food needs. Also provides help with clothing and limited help with shelter. Call for Hours of Operation.

Free

The Salvation Army - Rowan County

620 Bringle Ferry Rd,
Salisbury, North Carolina 28144

704-636-6491

<https://southernusa.salvationarmy.org/rowan/>

Monday through Friday: 9:00 AM to 12:00 PM, 1:00 PM to 5:00 PM

Sundays: 9:00 AM to 12:00 PM

Provides free food pantry for those in need in Rowan County. Clothing vouchers are available as well. See website for more information.

Free

Medical / Dental Resources



Parks Insurance

153 S. Oakland Ave.
Rock Hill SC 29730

866-932-7200

<https://parksinsured.com/>

Monday through Friday: 8:00 AM to
7:00 PM

Parks Insurance is licensed in all 50 states to offer healthcare insurance to individuals returning from prison. Through a special program called G.I.F.T. (Giving Insurance Freely for Transition), you are eligible to receive healthcare insurance with ZERO monthly payments and little, if any, deductibles. This plan covers doctor visits, medication, behavioral health, surgery, hospital stays and more. Everyone qualifies, even those with preexisting conditions.

Free (or low-cost, depending on job situation)

OurJourney can help you enroll in Parks Insurance's G.I.F.T. program! Call us (888) 50-REENTRY to learn more or call Parks Insurance and speak to a representative.

Rowan County Health Department

1811 E Innes St.
Salisbury, NC 28146

704-216-8777

[www.rowancountync.gov/256/
Health-Department](http://www.rowancountync.gov/256/Health-Department)

Monday through Friday: 8:00 AM to
5:00 PM

Offers assistance with a variety of basic health needs, including disease prevention and others. Also offers free HIV and other STD testing and free COVID testing and vaccinations.

Free

China Grove Family Medicine & Dental Clinic

307 E. Thom St.
China Grove, NC 28023

704-855-5200

[www.crchc.org/china-grove-family-
medicine](http://www.crchc.org/china-grove-family-medicine)

Monday, Wednesday, Friday: 8:00
AM to 5:00 PM
Tuesdays and Thursdays: 8:00 AM to
7:00 PM

Services include behavioral health and psychiatry services, medication assistance, chronic disease management, dental services, and health coaching. We also provide COVID-19 vaccines and testing within the community. At CRCHC, we offer medical care for the whole family, regardless of a patient's ability to pay. Part of the Cabarrus-Rowan Community Health Center network.

Fees are on a sliding scale, meaning you pay for what you can afford. No one is turned away because they can't pay. They also accept Medicaid and Medicare.

Medical / Dental Resources

Salisbury Health Center

330 Jake Alexander Blvd. W, Suite 103
Salisbury, NC 28147
704-519-2366

www.crchc.org/salisbury-health-center

Monday through Friday: 8:00 AM to 5:00 PM

Services include behavioral health and psychiatry services, medication assistance, chronic disease management, dental services, and health coaching. We also provide COVID-19 vaccines and testing within the community. At CRCHC, we offer medical care for the whole family, regardless of a patient's ability to pay. Part of the Cabarrus-Rowan Community Health Center network.

Fees are on a sliding scale, meaning you pay for what you can afford. No one is turned away because they can't pay. They also accept Medicaid and Medicare.

Community Care Clinic of Rowan County, Inc.

315 G Mocksville Ave.
Salisbury, NC 28144
704-636-4523

communitycareofrowan.org

Monday through Thursday: 8:00 AM to 4:30 PM
(Closed for lunch each day and all day Friday)

Provides primary care to adults with chronic conditions such as diabetes management, high blood pressure, COPD and asthma. Also provides dental examinations, x-rays, extractions, fillings, cleanings and gum disease treatments. They have a full-service pharmacy to provide non-narcotic medication and supplies. You can just walk in, but they recommend for you to download the enrollment forms online and bring them with you on your first visit. If approved for enrollment, you will need to pay a one-time enrollment fee of \$10. Must provide proof that you live in Rowan County and have an ID (your prison ID will work).

Free for those who qualify and aren't insured

Medical / Dental Resources



NC MedAssist

866-331-1348

medassist.org

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease, diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Free for those who qualify and aren't insured

Mental Health & Substance Abuse Resources

Daymark Recovery Service

2129 Statesville Blvd.
Salisbury, NC 28147

704-633-3616
866-275-9552 (24-Hour Crisis
Hotline)

[www.daymarkrecovery.org/locations/
rowan-center](http://www.daymarkrecovery.org/locations/rowan-center)

Monday through Friday: 8:00 AM to
5:00 PM

Provides comprehensive outpatient behavioral healthcare services. Call to set up an initial consultation appointment.

Fees are on a sliding scale, meaning you pay for what you can afford. They also accept Medicaid.

Mental Health & Substance Abuse Resources

HOPE Programs

1811 E. Innes St.
Salisbury, NC 28146

704-216-8827

<https://www.rowancountync.gov/1722/HOPE-4-Rowan>

Monday through Friday: 8:00 AM to 5:00 PM

Dedicated to providing a comprehensive range of resources, information, and support for individuals and families dealing with substance use, mental health, or other challenges. Our goal is to create a safe, accessible space where you can find the help you need.

Assistance is free; some services provided by partner organizations may charge fees



Mental Health America

800-969-6642

<https://www.mhanational.org/>

<https://screening.mhanational.org/screening-tools/>

Provides free mental health screening, which is the quickest and easiest way to determine whether you are experiencing symptoms of a mental health condition.

To take the free and confidential mental health screening, visit their website or scan the QR code to the right with your smartphone.



mhascreening.org

Job Training / Job Placement Resources

Vocational Rehabilitation

205 Guffy St.
Salisbury, NC 28147

704-706-6900

www.ncdhhs.gov/divisions/vocational-rehabilitation-services

Monday through Friday: 8:00 AM to 4:00 PM

Provides a variety of services, depending on your specific needs. They are customized to help you find a job and offer career counseling, education and training, job placement assistance and on-going support, medical treatments and assistive technology. Works specifically with those who have physical, mental or emotional disabilities.

Free

Job Training / Job Placement Resources

NCWorks Career Center - Rowan County

1904 S Main St.
Salisbury, NC 28144

704-639-7529

www.ncworks.gov

Monday through Friday: 8:00 AM to
4:30 PM

Offers support for everything from Free
creating a resume and finding the
right job opportunities to
preparing clients for job
interviews. Website has links for
finding a Job.

Hire Dynamics

1717 W Innes St.
Salisbury, NC 28144

704-633-1911

[https://www.hiredynamics.com/
locations/salisbury-nc/](https://www.hiredynamics.com/locations/salisbury-nc/)

Monday through Friday: 8:00 AM to
5:00 PM

Temporary agency offering job Free
placement in local businesses for
clients who can pass a drug test
and have reliable transportation.
They do conduct a background
check, and some business they
work with will not hire ex-felons,
but others will.
Has a referral bonus program
where you can earn up to \$100.
If you can, they recommend that
you apply online and then
schedule a follow-up
appointment. If you can, call to
schedule an appointment or walk
in on Tuesdays and Thursdays
only. Must have ID (prison ID is
accepted)

Goodwill Career Center

1923 S Main St.
Salisbury, NC 28144

704-638-6434

[www.ncdhhs.gov/divisions/
vocational-rehabilitation-services](http://www.ncdhhs.gov/divisions/vocational-rehabilitation-services)

Monday through Friday: 8:00 AM to
5:00 PM

Offers free, personalized services Free
for job seekers including skills
assessment, career coaching,
access to computers, help with
interviewing skills and resume-
writing, and job placement
services.
Partners with Project Reentry.

Financial Resources



Operation HOPE

704-680-3163 or
888-388-4673

<https://operationhope.org/>

Monday through Friday: 8:00 AM to
5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business. They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations. This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration. Call Alisha Kenny at the number provided to set up an initial appointment.

Free

Transportation Resources

Rowan Transit System (RTS)

2726 Old Concord Rd.
Salisbury, NC 28146

704-216-8899

[www.rowancountync.gov/231/
Rowan-Transit-System](http://www.rowancountync.gov/231/Rowan-Transit-System)

Tuesdays through Friday: 7:00 AM to
5:00 PM

Provides non-emergency van transportation for any Rowan County resident. You must call and schedule your trip ahead of time (they recommend three days before). They'll pick you up, take you to your destination and bring you back. They service different areas of Rowan County on different days of the week.
Tuesdays: West Rowan
Wednesdays: North Rowan
Thursdays: South Rowan
Fridays: East Rowan

Fare is \$2.00 per trip; reduced rates are available for those who qualify. Must have exact change

Transportation Resources

Salisbury Public Transportation

Pickup and Drop Off spots at dozens of fixed locations throughout Salisbury

704-638-5252

salisburync.gov/Government/Transit

Monday through Friday: 6:00 AM to 7:00 PM
Saturday: 9:30 AM to 3:20 PM
Does not operate on major holidays

Provides public bus transportation throughout the city of Salisbury, Spencer and East Spencer.
Go online for a map of all pick and drop off locations and times.

All rides are \$1.00 (exact change required when boarding). You can also purchase pass books good for 40 rides at \$35 (or \$17 for seniors, the disabled or students)

Clothing Resources

Goodwill Industries - Salisbury

475 Faith Rd.
Salisbury, NC 28146
980-305-5017

836 Jake Alexander Blvd W
Salisbury, NC 28147
704-637-6673

www.goodwillnwnc.org

Monday through Saturday: 10:00 AM to 8:00 PM
Sunday: 1:00 PM to 6:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

Men's pants are as low as \$4.50 each, shirts as low as \$2.99 each. Other items are priced low also.

Nazareth Outlet Store

1800 E Innes St.
Salisbury, NC 28146
704-633-6091

nazcfc.org/about-us/our-outlet-store/

Monday 9:00 AM-6:00 PM
Saturday 9:00 AM-5:00 PM

Offers previously-owned clothing, furniture and other items at extremely low prices. You can often find name-brand clothes in good to great condition. Also offers help with mental health, substance abuse and developmental disability needs. Call for more information about those programs.

Prices vary depending on item

Clothing Resources

Salvation Army Thrift Store

521 Jake Alexander Blvd W
Salisbury, NC 28147

704-636-7587

Find them on Facebook at The
Salvation Army of Rowan County,
NC

Monday, Wednesday through
Saturday:
10:00 AM to 4:00 PM
(Closed Tuesdays and Sundays)

Offers previously-owned clothing,
furniture and other items at
extremely low prices. You can
often find name-brand clothes in
good to great condition.

Prices vary depending
on item

Directory for Rowan County Agencies:

Rowan County Probation Department	122 East Kerr St. Salisbury, NC 28144	704-639-7507
Rowan County DMV	5780 S Main St. Salisbury, NC 28147	704-633-5873
Rowan County Dpt. of Social Services	1813 E Innes St. Salisbury, NC 28146	704-216-8330

Directory for State and Federal Government Programs that Offer Temporary Assistance:

SNAP (Supplemental Nutrition Assistance Program): www.fns.usda.gov/snap/supplemental-nutrition-assistance-program

LIEAP (Low Income Energy Assistance): www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap

TANF (Temporary Assistance for Needy Families): www.ncdhhs.gov/divisions/social-services/work-first-family-assistance

Other Organizations that Offer Assistance:

The National Reentry Network for Returning Citizens is a national network comprised of individuals returning from incarceration who support each other's successful reintegration. To learn more, visit their website at <https://thenationalreentrynetwork.org/>.

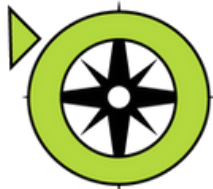
National Suicide Prevention Hotline: Dial 988 or online at www.suicidepreventionlifeline.org

Veterans Resources in Rowan County (for all military veterans): 704-216-8138 or online at www.rowancountync.gov/335/Veterans-Services

Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): www.felonyrecordhub.com

NC211.org (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

Other Assistance Available through OurJourney: Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney **Essential Services** program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, registering to vote, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call (888) 50-REENTRY or visit www.ourjourney2gether.com/essential-services.



OurJourney
PO Box 2862
Rocky Mount, NC 27802
(888) 50-REENTRY